

Dartmouth Health

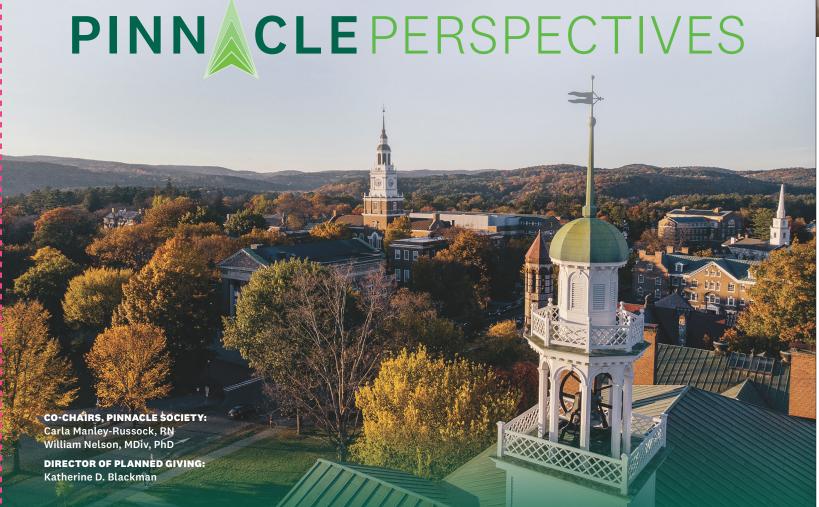


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PINN CLE PERSPECTIVES



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Improving Cancer Care with Conversation

Patients with advanced cancer want and need to partner with their care team to make treatment decisions that reflect their own values and align with what matters most. "Serious illness conversations" include two equally important parts: clinicians sharing information on prognosis and treatment options, and patients and their loved ones sharing their values and preferences. Despite professional guidelines recommending early serious illness conversations for all patients with advanced cancer, many times these conversations occur, unfortunately, late or not at all.

A leader in cancer care and research, Dartmouth Cancer Center—a joint venture between Dartmouth Health and Dartmouth College—is committed to making serious illness conversations a core part of care. A broad team of clinician-researchers, clinical partners, and data scientists implemented a project to increase the occurrence and documentation of these important conversations in two medical oncology clinics. Over the 18-month study period, this effort increased these crucial communications by 70 percent.

The Serious Illness Conversation
Model of Care is one intervention in
the Promise Partnership Learning
Health System—a joint initiative
between Dartmouth Cancer Center,
The Dartmouth Institute for Health
Policy & Clinical Practice, and
Dartmouth Health. Garrett T. Wasp,
MD, a medical oncologist in Dartmouth
Cancer Center's Head & Neck Cancer

Dartmouth Cancer Center physician encouraging dialogue with patients.

Program, an assistant professor of medicine at Dartmouth's Geisel School of Medicine, and a Dartmouth Cancer Faculty Fellow notes that this intervention has "led to insights into strategies that both individuals and health systems can use to enhance communication and decision-making for all serious illnesses, not just cancer. More effective patient-clinician communication will lead to better adherence to professional guidelines and should produce care that is more patient-centered."

Protecting Loved Ones in the Future



Have you procrastinated on creating an estate plan? When was the last time you reviewed your estate plan? Has your financial situation changed because of retirement, new grandchildren, or health issues?

No matter your circumstances, it's time to review your estate plans. By doing so, you will be protecting your loved ones from the unintended consequences of an outdated estate plan that no longer reflects your wishes.

While a will or trust may be the core of your estate plan, some of your assets might not be distributed by your will or trust. For example, if you have an inherited retirement account, life insurance policy, or other financial accounts, those assets may be distributed to the beneficiaries you named on account documents unrelated to your will or

trust. Make sure to review all your assets when you're evaluating your existing estate plan.

Your legacy to loved ones will hopefully include a lifetime filled with fond memories. A periodic review of your estate planning documents can secure those memories and ensure that your family will have an orderly process when the time comes.

"It's easier than you think!"

With an up-to-date estate plan, you can be confident that your wishes will be fulfilled, and your assets distributed as you intended.

A Gift in Your Will

less, to this purpose: _____

A gift in your will that supports the work of Dartmouth-Hitchcock Health and/or Geisel School of Medicine at Dartmouth should be directed to:

One Medical Center Drive, Lebanon, NH 03756

Tax ID# 26-4812335 (for D-H) and Tax ID# 02-0222111 (for Geisel).

Sample language:

"I hereby, give, devise, and bequeath to _ One Medical Center Drive, Lebanon NH 03756, tax ID # the following sum [state the amount of the gift or asset(s)], or _____

For more information about tax-wise giving, please contact Katherine D. Blackman, Director of Planned Giving. Email DH.Geisel.Planned.Giving@dartmouth.edu, or phone at (603) 646-5858. You can also visit DHGeiselPlannedGiving.org. All inquiries are confidential.

Join the Pinnacle Society

Save the date for the annual Pinnacle Society luncheon

Thursday, June 29, 2023 The Hanover Inn

Watch your email and U.S. mail for more details.





For more information about the Pinnacle Society, contact Katie Blackman at (603) 646-5858 or DH.Geisel.Planned.Giving@dartmouth.edu.

In the News

Dartmouth Hitchcock Medical Center (DHMC), a member of Dartmouth Health, has been designated by the Parkinson's Foundation as a Parkinson's **Foundation Center of Excellence**, following an extensive review process. DHMC is one of just 47 Centers of Excellence around the world and 37 nationwide, and the only one in northern New England.

Geisel first-year medical students are required to participate in **culinary medicine** sessions as part of their GI (gastrointestinal), Metabolism, and Nutrition coursework. The sessions give medical students practical skills to translate daily nutrition and lifestyle recommendations into sustainable daily habits for their future patients.

Dartmouth Hitchcock physicians are among the first in the United States to use **state**of-the-art robotic-assisted **bronchoscopy.** The innovative technology allows physicians to view the inside of the lungs and obtain a tissue sample for biopsy, enabling earlier—and more accurate—diagnoses.

A new **Dartmouth College-led** study found that the number of different microorganisms and the amount of particular types of microorganisms in the infant gut microbiome were associated with risks of respiratory tract infections as well as symptoms such as wheezing. The findings may contribute to developing interventions to modulate the microbiome and hence improve health.



Join the Pinnacle Society:

Name(s)	
Address	
City, State, Zip	
Primary Phone	
Other Phone	
Email Address	
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I am pleased to inform you that:

- ☐ I have included Dartmouth Health and/or Geisel in my estate plans.
- ☐ I am considering including Dartmouth Health and/or Geisel in my estate plans.

Please send me information on the following:

- a gift by will or trust
- a charitable gift annuity
- an IRA charitable distribution

If you have any questions, contact: Katherine D. Blackman, Director of Planned Giving, DH.Geisel.Planned.Giving@dartmouth.edu, or phone at (603) 646-5858.

You can also visit DHGeiselPlannedGiving.org. All inquiries are confidential.

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